



Social Work in Cuba – Program of Activities and Schedule

The estimated cost of the program is \$2250 in double occupancy and \$2450 in single occupancy, including RT air Miami/Havana; accommodations at 4* hotels, breakfast daily, 2 additional meals, farewell party, transportation by airconditioned bus, English speaking guide, entry visa, medical/evacuation insurance, program of interviews, meetings, talks and visits. Final cost may vary depending on number of participants enrolled. The program also offers CEU evaluation for those wishing to use their research for this purpose.

Saturday

9:30 am

Day 1

Check in with Gulfstream Charters, Concourse G, Miami International Airport.

1:00 pm

Depart on 5K-252. Pass through Immigration, collect luggage and pass through Customs.

A representative of Amistur, your hosts for the visit to Cuba, will meet the group for transfer to the Hotel Presidente or similar.

6:00 pm

Welcome dinner.

Sunday

7 – 8:00 am

Day 2

Breakfast at the hotel.

9:00 am

Walking tour of Old Havana.

Afternoon

Remainder of the day free to visit Museums (see list), attend a 5 pm concert at San Francisco de Assis Chapel in Old Havana or attend a baseball game, if available.

Monday

7 – 8:00 am

Day 3

Breakfast at the hotel.

9:30 am

Meeting with the National Commission for Prevention and Social Assistance.

11:30 am

Meeting with ICAP, the Cuban Institute of Friendship with the Peoples.

2:00 pm

Meeting with social workers at a provincial School of Social Work; opportunity to discuss the theoretical and methodological conceptions of social work in Cuba.

Evening

Free.

Tuesday

7 – 8:00 am

Day 4

Breakfast at the hotel.

9:30 am

Visit to the Adolescent Clinic in Miramar.

11:30 am

Depart for Pinar del Rio, with accommodations at La Ermita or Jazmines Hotel or similar.

Evening

Dinner at the hotel (included) followed by a meeting with Committee of the Revolution (CDR) and Women's Federation (FMC) groups in the area. These are the community organizations at the base level throughout the country.

Wednesday

7 – 8:00 am

Day 5

Breakfast at the hotel.

9:00 am

Visit to the *Con Amor y Esperanza* project at the Palacio de los Pioneers (Children's Palace).

11:00 am

Meet with social workers at the *Carlos Manuel* People's Council.

1:00 pm

Lunch (included)

2:00 pm

Visit to the *Casa de Orientation de la Mujer y la Familia*. This is a national project of the Women's Federation and at this particular house we are told there will be the opportunity to talk about attention to women with breast cancer.

4:00 pm

Return to Havana and the Hotel Presidente or similar.

Thursday

7 – 8:00 am

Day 6

Breakfast at the hotel.

9:30 am

Visit to the University of Havana and the social work degree program of the Department of Sociology.

2:00 pm Visit to a Polyclinic, Cuba's secondary level public health care center (family doctor being the first).

Meet with the clinic's social workers.

Friday

Day 7

7 – 8:00 am Breakfast at the hotel.

10:00 am Visit to a neighborhood organizing project run by the Group for the Comprehensive Development of the Capital (GDIC). Presentation on the work of the 20 Neighborhood Workshops supervised by the GDIC, with the goal of addressing the primary social, housing and cultural issues specific to each community's, led by a team of local social workers, housing professionals and community leaders.

12:00 noon Lunch at Casa de la Amistad with members of the national Social Work Project. Exchange on Cuba's plans for social work in Cuba going into the future.

3:00 pm Visit to a technical school for the training of social workers.

Saturday

Day 8

7 – 8:00 am Breakfast at the hotel.

9:30 am visit to the Museum of the Revolution.

Day Remainder of the day free.

Evening Farewell dinner.

Sunday

Day 9

7 – 8:00 am Breakfast at the hotel.

11:00 am Transfer to José Martí International Airport, Terminal 5, for departure.

3:00 pm Depart for Miami on 5K-253, arriving at approximately 4:00 pm.